



# ~ flowers bloom ~

There is a gaping hole in everyone's heart.  
There is only grassland. There's really nothing.

Someone said "I envy you".  
You said "I envy you too".  
They always beg for what they don't have.  
losing something important.

There is nothing you can do, there are things  
you can do.

Everyone seems to be doing well, but there is  
their own path.

You choose your own path.  
Being your true self makes your good point and  
you feel joy.

There is only grassland.

A beautiful, beautiful grassland.

Red. blue, green, purple...

If you keep doing what you can,  
flowers bloom there before you know.

自分に自信がなれと思っている人外いると  
思うけど、あなたなら大丈夫。  
自分のできることを信じて続ければ、いつしか  
心は花が咲くよ。

Himeta kato



"How to use my hearts"

These days I don't know any more how to use my hearts.  
So, I decided to look back at the manual.

1. When the water doesn't stop from your eyes!

You don't like when others see you crying.  
But they are the key that you stop crying.

2. When you suddenly want to be alone!

I recommend taking a bath and watching the stars. After that tears will wash over your hearts.

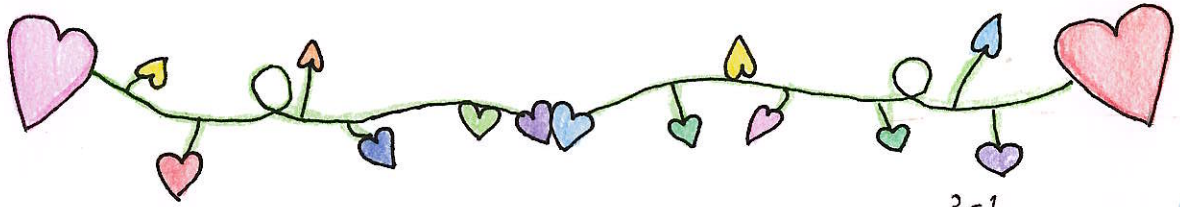
3. Don't

....  
I could understand.  
I couldn't think it is my manual.  
So, I decided make new my manual.

Class 3-1 Abe Momoka

心は水に流れてしまっている。青の空に  
星を眺めながら、新しい道を歩んでいこう  
と決めた。





3-1  
Ohori Kokone

# People depend on me

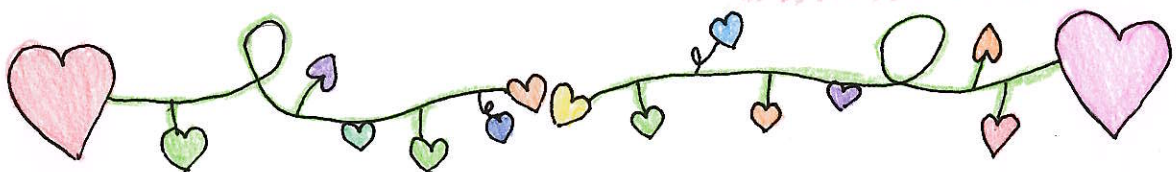
I'm a normal bath.  
People use me every day.  
Different people do different things in the bath.

One day, a 14 year old girl came to take a bath.  
She was crying.  
Big tears fell one after another.  
May be there was something wrong with her.  
A 20 year old woman came looking happy.  
She is singing in a groove.  
Good things must have happened to her.  
Next, a young man came, looking tired.  
He said "what a relaxing place."  
He is resting his body comfortably.

I have a lot of people depending me.  
I'm so happy.  
Thank you !!



この年間みんなに  
頼られることが多く  
なったから、それを  
日常生活でみんなが頼って  
いるもので表現してみました



# Anxiety

3-1  
Kato Sakura



He always follows me, but I can't remember his name.

Even when I'm taking a bath or with my friends.  
And worst of all, even when I'm alone,  
I think of him.

One day, I asked.

"Why are you following me?"

He said,

"It's because you don't face me."

Then, I realized, and I remembered his name.  
I definitely escaped and didn't face him.

"Sorry, I was afraid to face you, but I won't escape anymore. Your name is anxiety, right?"

He said,

"Yes. I'm anxiety. I want you to overcome me.

Of course, if I hurts you, you can escape for me.

But, I'm sure you can do it."

I think a lot of difficulties and anxieties will make us suffer.  
However, we can get over it, right ...?



"「あの人」との思い出や未練と向き合い、少しずつ前を向く女の子と  
「不安」から逃げずにちゃんと向き合って進もうとしている女の子"を重ねて  
書いた詩です。  
「不安を乗り越えるにはたくさん努力が必要だよ」という私への  
メッセージでもあります！



# Sun in my heart

There isn't anything.  
Just a darkness.

Someone ask me,  
"Are you OK?"

I can here it,  
but I can't here.

"I'm not OK.", just that.  
If I just say that...

My heart is freezing  
like an ice.

It's too cold  
to touch.

One day, the sun has risen.  
You melt my heart  
little by little.

Thanks to You,  
tomorrow is coming.

There isn't anything.  
But, it's not dark here now.  
Because, you gave me light.

自分の本当の気持ちを  
表すのは勇気がいること  
だけど、友達のおかげで  
少しづつ、表現できる  
ようになった!!





# Shine

Under the endless night sky  
We are looking at countless lights  
You asked me, "How many stars do you think there are in total?"  
I say I don't know, what's the answer?  
You laugh and say I don't know either.  
I thought his smile is as bright as a first magnitude star.  
Then, he said shyly, "It's a shooting star! I wonder if it's lighting up our future."

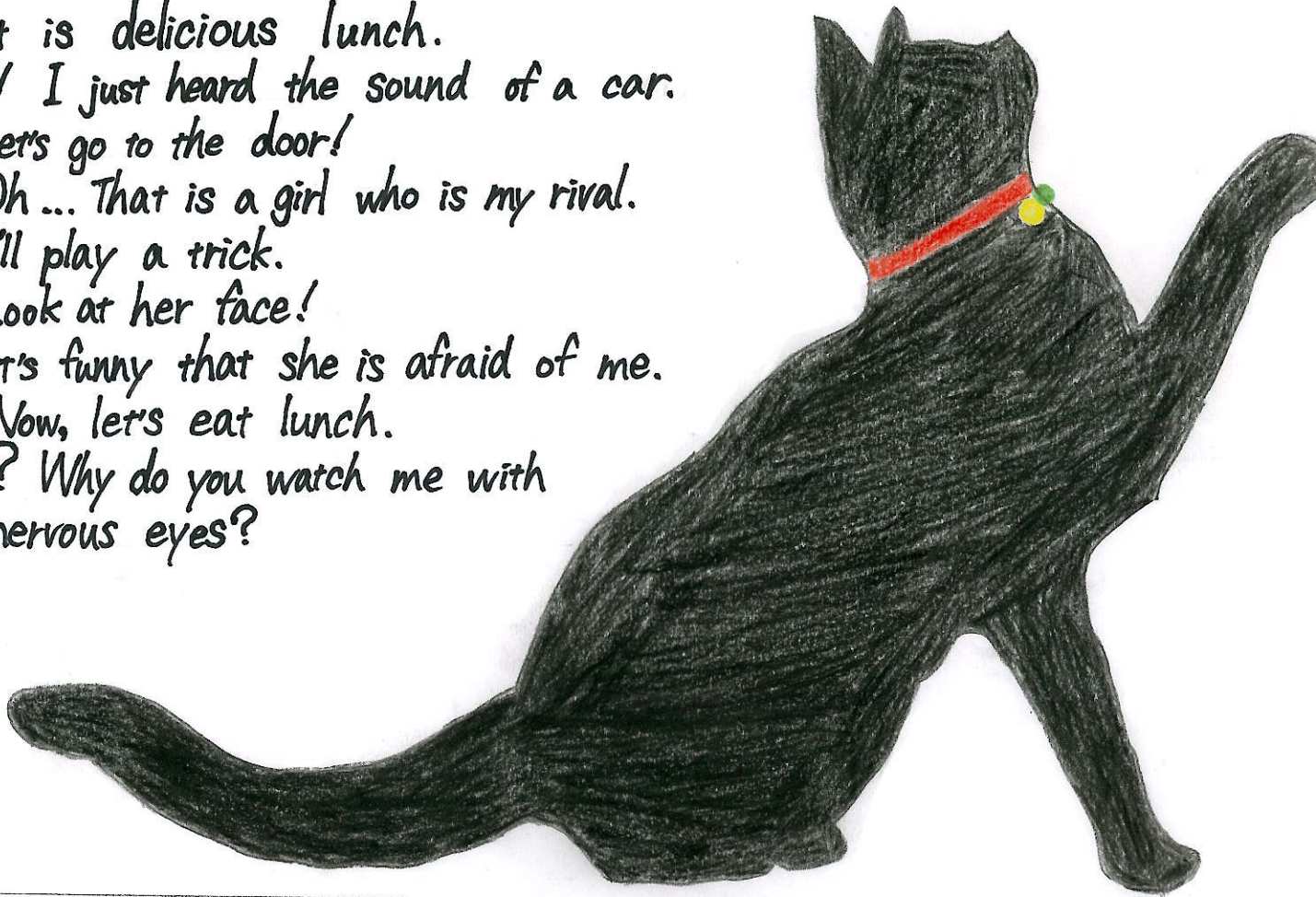
I'm looking up at the night sky  
At that moment,  
a shooting star fell  
Like my tears

星空を眺める度に  
君を思い出すのかな...



# My Worries

It is delicious lunch.  
 !! I just heard the sound of a car.  
 Let's go to the door!  
 Oh... That is a girl who is my rival.  
 I'll play a trick.  
 Look at her face!  
 It's funny that she is afraid of me.  
 Now, let's eat lunch.  
 ? Why do you watch me with  
 nervous eyes?



猫(マメ)は認知症です。  
 ご飯を何回も食卓に行ったり  
 します。いつか私も忘れてしま  
 わないか心配であるという  
 内容の詩にしました。



Hi, Mame!  
 You are always very cute.  
 But I want you to play trick to me.  
 I want to go to the living room.  
 Please help me...  
 Where do you go?  
 You ate lunch just a minute ago.  
 Will you eat again?



We are the best

3-1

[At a hamburger shop]

"Without pickles". That's what the guests Chiba Haruto said.

The star is always the patty and bun.

Always lettuce for color.

Sauce, it is important for taste.

But, pickles are just texture.

Only pickles are not tasty.

However, when they get together, everyone is happy.

Hamburgers are the best.

No one can be like them.

ピクルスが自分。

パティやバンズ、レタスなどいろんな人がいる。  
自分だけではすくはないけど、仲間と  
一緒にいるときは最高  
楽しく、面白く、自分の力を発揮すること  
ができるのは友達のおかげ

